## Stitched Designs



Personalize shirts with colorful designs you stitch then dye.

You'll love experimenting with different shapes, designs and color combinations.



Rainbow Heart -Turquoise, Fuchsia and Yellow dye

**Stitched Designs** - In most tie-dyed designs, fabric is bound with rubber bands. However a more controlled design can be achieved using stitching. A line is drawn, stitched and gathered. If possible rubber bands are added on top of stitching to bind fabric more tightly for a distinct design. The design should be symmetric and basically round when using rubber bands. For these designs use a large eye needle and dental floss which is stronger than ordinary thread. When you apply dye, be sure to get it down into folds of bound design.



**Heart Scarf** - Turquoise, Fuchsia and Yellow dye Stitch heart following instructions. Dye referring to photo.

Just what you've been waiting for!





1. Fold shirt in half lengthwise. Draw a half heart on shirt.



2. Stitch heart and pull thread to gather.



3. Place rubber band on gather line directly on top of stitching.



4. After soaking in fixer, apply Turquoise dye on heart section.



5. Apply Fuchsia dye on next section letting it overlap Turquoise to make Purple. Apply Yellow dye on next section forming large rays. Cover Rainbow section with plastic wrap. Place shirt in plastic bowl and dye rest of shirt with diluted Turquoise.